# Adult Vision Health

It is recommended that at age 40, adults receive a comprehensive eye exam whether or not they have problems seeing or have known risks for vision problems. This baseline eye exam allows the eye doctor to monitor an individuals vision health as they age. The eye doctor will recommend follow-up eye exams based on the patient's family history and the results of the eye exam they received at age 40.

#### How to find an Eye Doctor:

- Ask your family doctor for the name of a qualified eye care provider.
- Contact your insurance provider for a list of covered eye care providers.
- Ask family and friends for information about their eye care provider.
- Contact **Prevent Blindness Wisconsin** for a listing of eye doctors in your area, or see our County Eye Care Provider guides at wisconsin.preventblindness.org/resources

Vision screenings and professional eye examinations are recommended as part of a continuum of vision care for adults. Prevent Blindness recommends adults have a regular dilated eye exam as recommended by their eye doctor. For more information on vision health, please contact:

### **Prevent Blindness Wisconsin**

731 North Jackson Street Suite 405 Milwaukee, WI 53202 (414) 765-0505 wisconsin.preventblindness.org info@pbwi.org

Founded in 1958, Prevent Blindness Wisconsin improves the lives of children, adults, and families through early detection of eye conditions to prevent blindness and preserve sight. On-going vision screening activities and statewide public health education lead to a lifetime of healthy vision.

Prevent Blindness Wisconsin is a 501(c)(3) non-profit, volunteer organization, and is an affiliate of Prevent Blindness.

# Vision Resources & Services for Wisconsin Adults





Our vision is for each Wisconsin resident to have healthy vision at every stage of life.

# **Professional Eye Care**

Wisconsin Academy of Ophthalmology (920) 560-5645 | www.wievemd.org

Wisconsin Optometric Association (608) 824-2200 | www.woa-eyes.org

# **Reduced-Cost Eyeglasses**

America's Best (800) 411-1162 | www.americasbest.com

Glasses Shop (855) 202-0123 | www.glassesshop.com

Glasses USA

(800) 917-7083 | www.glassesusa.com

GlobalEyeGlasses.com (800) 315-4428 | www.globaleyeglasses.com

Goggles 4 U

(888) 830-7857 | www.goggles4u.com

Sears Optical (877) 525-8989 | www.searsoptical.com

**Target Optical** 

(877) 848-8476 | www.targetoptical.com

Walmart Vision Center www.walmart.com/cp/walmart-visioncenters/1078944

Wisconsin Vision (262) 432-2005 | www.wisconsinvision.com

Zenni Optical (800) 211-2105 | www.zennioptical.com

# **Educational Resources**

National Eye Institute: Health Education Program nei.nih.gov/nehep

Prevent Blindness Wisconsin (414) 765-0505 wisconsin.preventblindness.org

Vision Aware www.visionaware.org

## **Financial Resources**

#### **Prevent Blindness Wisconsin Voucher Programs**

Prevent Blindness Wisconsin offers financial assistance towards vision health for Wisconsin adults, families, and children. Voucher programs are partnered through VSP Vision Care to ensure Wisconsin residents get the vision care they need. Vouchers cover an eye exam and/or a pair of eyeglasses. To receive a voucher, you must qualify for the program. Voucher criteria and the application can be found at:

wisconsin.preventblindness.org/eve-carevoucher-applications

For more information, contact: (414) 765-0505

#### Eve Care America

Provides comprehensive eve exams and eve care for up to one year, often at no out-of-pocket expense to eligible candidates age 65 years or older. (877) 887-6327 www.aao.org/eyecare-america

#### **Medical Assistance**

(Medicaid, Title 19) Coverage for vision care varies by plan. Please contact your HMO to find out your vision health coverage. (800) 362-3002 | www.dhs.wisconsin.gov

#### Medicare

Provides a comprehensive eye exam during the first year of beginning the program. Comprehensive eve exams will be covered every year for those with diabetes and those at risk for glaucoma. (800) 633-4227 | www.medicare.gov

#### New Eves for the Needv

A non-profit organization whose purpose is to improve vision for low-income individuals, including providing vouchers for new prescription eyeglasses. (973) 376-4903 | www.new-eyes.org

\* Prevent Blindness Wisconsin does not

endorse any of these organizations \*

## Support & Services for Low Vision and the Visually Impaired

#### ABLE – Audio and Braille

Literacy Enhancement An organization dedicated to providing ways for individuals with vision concerns and disabilities to read and connect to the printed world. (414) 286-3039 | www.ablenow.org

#### American Council of the Blind

This organization strives to increase guality of life for the blind and visually-impaired. (800) 424-8666 | www.acb.org

National Federation of the Blind of WI

This organization works toward achieving acceptance and understanding of blindness. (608) 622-7632 | www.nfbwis.org

#### Office for the Blind and Visually Impaired

An organization offering rehabilitation services to help the blind or visually impaired. (888) 879-0017 | www.dhs.wisconsin.gov/blind

#### Prevent Blindness: Living Well with Low Vision

This organization provides resources and self help guides to individuals living with low vision. (800) 331-2020 | lowvision.preventblindness.org/

#### Vision Forward Association

An organization that offers resources to individuals experiencing vision loss to reach their full potential. (414) 615-0100 | www.vision-forward.org

#### Wisconsin Council of the

Blind & Visually Impaired

This organization is dedicated to helping individuals who are blind or visually impaired through vision related services, advocacy, and educating the public on vision disabilities. (608) 255-1166 | www.wcblind.org

#### Wisconsin Department of Veteran Affairs

This organization provides patient care and federal benefits to veterans who are blind or visually impaired.

1-800-WIS-VETS (947-8387) | dva.state.wi.us/